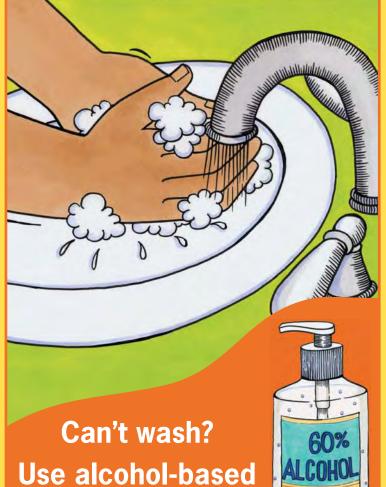
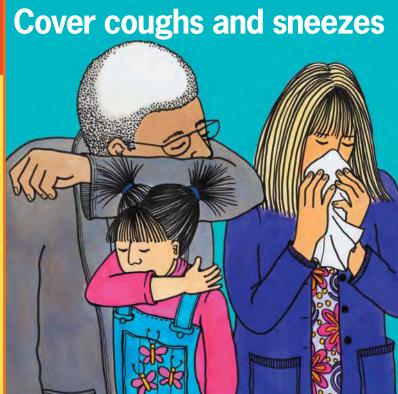
## Stop Germs, Stay Healthy!

## Wash hands often for 20 seconds





## When sick, stay home



## ¡Detenga los gérmenes, manténgase saludable!

- Lávese las manos frecuentemente por 20 segundos
- Use gel a base de alcohol, si no se puede lavar las manos
- Cubra su boca al toser y estornudar

hand sanitizer

• Quédese en casa cuando esté enfermo



Region IV Public Health
Clark, Cowlitz, Skamania, Wahkiakum counties
and Cowlitz Tribe

Poster designed by Public Health Seattle-King County